

**INYO COUNTY HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH ADVISORY BOARD
WEDNESDAY, July 13, 2022
2:30 pm**

**Offered In Person at 1360 North
Main Street, Ste. 103, Bishop; In
Person as Satellite location (via
Zoom) at 310 Jackson Street in
Lone Pine;
And virtually via Zoom**

Minutes

Call To Order/Welcome

The Meeting was called to order at 2:42 pm

INTRODUCTIONS

Membership, In Person: Jane Gillam Lynn Martin Supervisor Dan Totheroh

Community & Staff Present

In Person: Kimball Pier

Virtual: Sarah Downard Lucy Vincent Shelley Scott
Samantha Rottner

Participants introduced themselves. Samantha Rottner explained what FIRST is, and what they do. Sarah Downard shared that she is a Prevention Manager, and that one of the programs is funded by SUD.

PUBLIC COMMENT

This item is set-aside at each meeting to allow the public to address issues not on the agenda. No action can be taken, but items can be placed on future agendas.

Kimball Pier brought up time limits for public comment and a discussion ensued.

Ms. Martin asked for assistance with her laptop which is not working. Ms. Martin may need assistance with a new computer. Dr. Pier will discuss this with Administration.

APPROVAL OF MINUTES

Request Board approve minutes from June 8, 2022 meeting. Ms. Martin stated that specific recommendations made on June 8, 2022 were not listed in detail. Supervisor

IF UNABLE TO ATTEND, PLEASE CALL THE OFFICE at 872-2590 or 873-6533

Totheroh explained that the Minutes need only contain general information, and it can be noted that a lengthy discussion was held, unless BHAB Members vote otherwise. Ms. Gillam suggested the Minutes continue to contain general information. She suggested that more detailed discussions should be brought to a separate meeting or Work Group. Supervisor Totheroh agreed. Ms. Martin requested an amendment be made to section 3 d to read as follows: “Lynn Martin would like to bring knowledge, awareness and programming to nutrition as an integral part of Wellness...”

Ms. Gillam asked for a motion to approve Minutes as amended. Supervisor Totheroh moved to approve Minutes as amended. Ms. Gillam the motion.

Amended Minutes unanimously approved by vote:

Ms. Martin – Aye; Supervisor Totheroh – Aye; Ms. Gillam – Aye

INFORMATIONAL AND ACTION ITEMS

1. Director Update –

- Inyo County Alternative to CARE Court - Multi-agency meetings regarding justice-involved individuals with chronic mental illness
 - i. Dr. Pier explained that Governor Newsome suggested Care (Community Assistance Recovery and Empowerment) Court as an alternative to jail. Small counties such as ours lack the resources to follow this model. CBHDA is bringing awareness to the Governor Office about the limitations of rural counties. An alternative is multi-agency involvement and collaboration in creating realistic and sustainable alternatives to CARE Court.
 - ii. Dr. Pier is coordinating Summit Meetings with BH, Social services and community partners, to collaborate on a care plan for justice-involved individuals. The mission is to identify service gaps, not duplicate services, but build upon available resources to be in line with California’s “No Wrong Door” policy, thereby ensuring access to services.
 - iii. BHAB Members and attendees discussed resources larger counties have in comparison to those of rural counties.
- July is BIPOC (Black Indigenous People of Color) Mental Health Month – Awareness of mental illness in underserved and underrepresented groups. Dr. Pier called awareness to the disparities between the availability of services for these underserved groups.
- Ken Burns Documentary - [Hiding in Plain Sight: Youth Mental Illness | PBS](#). Dr. Pier shared recommended this PBS documentary. It is presented in three 2-hour programs. It is available on Netflix. Ms. Gillam had seen it, and also found it to be good. The group discussed the merits of the documentary. Action: Supervisor Totheroh requested that we look into the possibility of purchasing the Ken Burns documentary so it can be lent to others for viewing.
- Crisis response protocols update. Dr. Pier informed the group of her goal to implement 24/7 service telephone triage to help our small staff. 1. De-escalate situations that don’t require immediate hospitalization and 2. Transfer emergent calls to on-call staff.

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Transportation is still difficult to procure. Other counties have county transporters, but we currently do not. The group discussed current services and the need for collaboration amongst community partners. These are issues that can be discussed as part of the Mental Health Services Act 3-year Plan.

- Jail services update: A Spanish-speaking therapist has been contracted to provide services at the jail once a week.

AGENDA ITEMS FOR NEXT MEETING

- 1) Acknowledgement of Jane Gillam's resignation of the position of BHAB Chair.
- 2) Time limit to public comment – limit to 2 or 3 minutes; not time for lengthy exchanges. Brief explanation of what type of comments are appropriate.
- 3) Discuss the creation of Work Group to
 - a. address MH Awareness Month Planning
 - b. discuss components of sound nutrition for our clients
- 4) Address nutritional issues, provide education for nutrition in the jail
- 5) Action item each month to continue virtual meetings
 - a. BHAB members
 - b. BHAB attendees
- 6) Information Item: Mental Health First Aid

The meeting adjourned at 3:52 p.m.

Next meeting: Wednesday, August 10, 2022, at 2:30 pm.

Transcribed by:
Lucy Vincent