

INYO COUNTY HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH ADVISORY BOARD
MONDAY, August 12, 2019
10:00-11:15 am
PROGRESS HOUSE
LOCATED AT 536 N. SECOND ST.
BISHOP, CALIFORNIA
AGENDA

CALL TO ORDER

INTRODUCTIONS

APPROVAL OF MINUTES

July 8, 2019: Lone Pine Informational

CHAIRPERSON'S REMARKS

Jane Gillam acting as Chairperson

DIRECTOR'S REMARK

PUBLIC COMMENT

Douglas Cooper: interactions at the Wellness Center

REPORTS AND ACTION ITEMS

- QI Committee
 - QIC new format
 - Hospitalizations
- Progress House Resident Meeting Report: Staff/Consumer
 - Population this past month
 - Activities and Groups
- Wellness Centers:
 - Renewed focus on purpose update
 - Stakeholder input
- Youth Services:
 - Admissions
 - BH treatment report
- SUD Services:
 - Prevention Efforts
 - Treatment Services
 - Opioid Summit: collaboration with NIH
 - Opportunities for Co-occurring services

OLD BUSINESS

MHSA Stakeholder Process

Mental Health First Aid

IF UNABLE TO ATTEND, PLEASE CALL THE OFFICE at 872-2590 or 873-6533

NEW BUSINESS

OAC Visit

AGENDA ITEMS FOR NEXT MEETING

**INYO COUNTY HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH ADVISORY BOARD**

MONDAY, July 8, 2019

11:00-noon (lunch provided)

**LONE PINE WELLNESS CENTER
LOCATED AT 310 S. JACKSON ST.
LONE PINE, CALIFORNIA**

Minutes

Informational Only/No Quorum

CALL TO ORDER

- The Meeting was called to order at 10:58 a.m.

INTRODUCTIONS

- All present introduced themselves.

APPROVAL OF MINUTES

June 10, 2019: Informational – The minutes were approved as written.

COMMUNITY PRESENT

Supervisor Dan Totheroh
Martin Klanecky
Jane Gillam

STAFF PRESENT

Dr. Gail Zwier
Mikaela Torres
Jennifer Ray
Lucy Vincent
Vanessa Ruggio
Matthew Blankers
Stephanie Tanksley

CHAIRPERSON'S REMARKS

Jane Gillam acting as Chairperson. Ms. Gillam stated that she is impressed with the outdoor program by SUD Prevention Staff. (Please refer to report in this document).

Ms. Gillam asked whether the Crisis Stabilization Unit (CSU) we have access to is for adults only. Dr. Zwier stated that the CSU is for both children and adults. She explained that the person is either moved by the CSU to a psychiatric hospital or discharged to return home.

PUBLIC COMMENT

Focus on South county issues.

Stephanie Tanksley noted that the needs of our aging population is a topic that is commonly brought forth in community meetings that she has been attending. Although senior housing is available, the need for placements, such as assisted living was discussed.

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Supervisor Totheroh inquired about how recruitment for staff is going at Behavioral Health. Dr. Zwier explained that ICBH is in the process of seeking candidates for a HHS Specialist III or IV for the Child and Family team as well as Psychotherapist positions.

Inyo County is also in the process of hiring a dietician to be shared between WIC, Senior Services and Progress House. Jane Gillam voiced strong support for this addition.

REPORTS AND ACTION ITEMS

- QI Committee: Mikaela Torres informed the group that the next QIC meeting was scheduled for Monday, July 15th at Grove Street. She said the QI WorkPlan would be discussed at that time.
- Stephanie Tanksley reported that we have a new website coming on line for Inyo County. It will give access to meeting agendas and minutes online. We will be looking at updating BHAB's Bylaws.
- Hospitalizations – Lucy Vincent reported the hospitalization of one minor.
- Transport needs – Dr. Zwier stated that Behavioral Health has been informed of possible transportation assistance coming out of Ridgecrest to facilitate access to the Crisis Stabilization Unit (CSU) for persons that might need to be admitted to a psychiatric hospital. Options were discussed by the group.

PROGRESS HOUSE RESIDENT MEETING REPORT:

- Population this past month
 - (7) Long Term Residents (5 of whom are seniors) and (4) Respite
- Crisis Response
 - (15) Assisted Calls (11) Urgent/Emergent
- Activities and Groups
 - Senior Center wellness health fair for Elder Abuse month
 - Bristlecone Pines
 - Sabrina
 - South Lake
 - Picnic at Millpond
 - Big Pine Park

WELLNESS CENTERS: Report from Stakeholders Committee:

- New hours of operation at Bishop Wellness Center:
 - 8 to 10 a.m. and 3 to 5 p.m. - Walk-in Hours.
 - 10 a.m. to 3 p.m. are reserved for case management by appointment
- Dr. Zwier shared that our Wellness Centers, in Lone Pine and in Bishop fared well during the recent earthquakes. Supervisor Totheroh reported that no damage was detected in Trona either. He shared that people in the community are talking about the need to have earthquake kits at our various sites.

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Youth Services: Lucy Vincent presented for Dr. Rathburn

- **Treatment:**

Intakes: A total of 6 new Child / Adolescent referrals were taken in June from parents, counselors, school nurse and principals at all grade levels at the schools, resulting in 4 admissions to date. Ages of children referred were 4 to 15. Total case load at this time is 114 clients.

- **Training:** Training in Trauma Focused CBT in the case supervision phase for therapist Michelle Howell, MSW. Crystal Cox will be taking the same training next fall if approved. The Child and Adolescent Needs and Strengths assessment (CANS) took place May 14 and all staff are either certified or in the process of certification. This is a requirement for CPS and BH from the federal and state. A family therapy and family resiliency model called FOCUS - Families Overcoming Under Stress developed by UCLA is scheduled for July 29 & 30 in Inyo County, which will also include 12 months of phone supervision on cases. Continuing Education Units for therapists will be provided through an outside agency. The Parent-Child Interaction Therapy training started March 18th for therapists Crystal Cox and Chrystina Pope is moving along and we now have 6 families enrolled with a new one starting. Therapists are well on their way to certification under the supervision of Pam Blackwell.
- **Summer Program:** The boys and girls group and other clients are joining the summer program that meets every Tuesday and Thursday with active participation. The equine therapy with 6 selected clients is underway and takes place every Thursday for 6 weeks.
- **Intensive In-Home Services:** We continue to provide intensive services to several families that are reunifying after Child Protective Services involvement.
- **Caseload:** The Child and Family Team currently have a combined, unduplicated caseload of 114 open cases.
- **Position:** HHS Specialist replacement position has been posted and we are interviewing a second round of candidates July 16.

SUD Prevention Services: Lucy Vincent presented the Inyo County Prevention Report:

- **Mentoring** – Staff collected feedback from mentors and mentees at the end of the school year and wrote a program summary for the year.
- Main points from the summary:
 - The program has a total of 22 mentors with 16 matches. There are 7 male mentors and 15 female mentors. The program needs more male mentors.
 - Staff met their goal of reaching youth throughout the county. There are youth involved in the program from Rovana, Bishop, Big Pine, Independence, and Lone Pine.
 - All youth and mentors want to continue the program. The mentors appreciate the support and check-ins they have with the Mentor Program

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Coordinator. The youth really appreciate the time they have with their mentor and would like to have even more time. They like “hanging” with positive adults.

- The schools have been very supportive of the program and continue to make referrals. The principal of Palisades High School would like to start a Lunch Pal Program at her school, and staff is working with her to start the program in August.
- **Outdoor Program –**
 - Please note: The Outdoor Program is mostly funded by a different funding stream at this time, but some SUD Prevention staff time is used to support the program. Also, this program is accomplished in collaboration with other entities, including Probation, Behavioral Health, and FIRST.
 - In June, activities included:
 - June 10-12 Day Camp at Bishop Creek group campsite, hiking, crafts, etc. – 9 participants
 - June 19 Girls Outing at Bishop City Park – 6 participants
 - June 20 Combined North and South County Hike to Bristlecone – 9 participants
 - June 26 Silver Canyon Excursion to see desert bighorn with Dept. of Fish and Wildlife guest speakers – 8 participants
 - June 27-28 Rock Climbing, ground school at Bishop City Park and climbing at South Lake location – 6 participants
- **Older Adult Activities –**
 - WISE Program:
Classes wrapped up with a celebration on July 2 – 4 participants graduated from the course.
 - Outreach:
June was Elder Abuse Awareness. Staff had a booth at the Senior Health Fairs in June – Bishop on June 15 and Lone Pine on June 24.
- **Strategic Prevention Plan –**
 - Our Plan is finalized and is being entered in the reporting system, PPSDS.
 - Priority areas of the plan are marijuana, prescription drugs, and alcohol. Programs include youth mentoring, youth prevention education, youth outdoor activities, services for older adults, and community outreach and media campaigns.

OLD BUSINESS

- MHSa Input – Dr. Zwier is looking for input as she is starting to generate the Treatment Update for the 2019-2020 Fiscal Year. One of the challenges we and our community partners face is difficulty in recruiting counselors.

NEW BUSINESS

- Toiyabe has invited the community to participate in the Eastern Sierra Opioid Summit on July 22nd and 23rd. It will be held at Calvary Baptist Church. Please refer to the attached flier.

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AGENDA ITEMS FOR NEXT MEETING

The meeting adjourned at 12:00 p.m.

Next meeting to be held on Monday, August 12, 2019 at 10:00 a.m.

Transcribed by:



Lucy Vincent