

CHILD ABUSE PREVENTION COUNCIL (CAPC) AGENDA April 24, 2024 12pm – 1pm

Location: 1360 N. Main St. Bishop, Rm 101

1. Call to Order & Roll Call

2.	Public Comment	Chance for community members to share any questions or concerns on items not included on the agenda.
3.	Minutes	Consider approving minutes February 28, 2024. <u>See Attachment #1</u> (ACTION)
4.	CAPM Activities	Staff will report on Child Abuse Prevention Month activities for April 2024. See Attachment #2 (DISCUSSION)
5.	Parent Resources	Consider options for more parent resources in the community. <u>See</u> <u>Attachment #3</u> (DISCUSSION)
6.	Council Reports	Council members may report on local, state, or federal issues relating to children and families. (DISCUSSION)
7.	Coordinator Report	Coordinator will report on programs and activities. <u>See Attachment</u> <u>#4</u> (DISCUSSION)

Next CAPC Meeting: June 26th, 2024.



ATTACHMENT #1

CAPC Regular Meeting, April 24, 2024

ITEM 3. Minutes

Details: Consider approving minutes for February 28, 2024.

Action Requested: Approve Minutes for the Child Abuse Prevention Council meeting on February 28, 2024.



CHILD ABUSE PREVENTION COUNCIL (CAPC) AGENDA

February 28th , 2024, 12pm – 1pm

Location: 1360 N. Main St. Bishop, Rm 101

8. Call to Order & Roll Call Stephanie Tanksley called the meeting to order at 12:09 PM. Present were council members: Anonda Stone, Stephanie Tanksley, Chrystina Pope, Jeff Thomson, Griselda Ortiz, Holly DeVincent. Not present were council members: Susanne Rizo Also present were Katelyne Lent, First 5 Director, Micaela Muro, CAPC Coordinator, Brandi Taylor, Gina Ellis, and Tim Villanueva 9. Public Comment As a member of the public, Chrystina asked about looking at what parenting support is available to offer the community and suggested an inventory or analysis of what is being offered and build from that. Agenda item for next meeting. 10. Minutes Stephanie presented the meeting minutes. Chrystina Pope motioned to approve the minutes. Jeff Thomson seconded the motion. Griselda abstained. 11. Council No one expressed interest for new appointees. Chair, Appointments Stephanie Tanksley, and Vice Chair, Chrystina Pope to remain. Holly DeVincent motioned for it to stay the same and Anonda Nelson seconded the motion. All were in favor. 12. Annual Review of Katelyne presented the current bylaws and asked for **Bylaws** questions and guidance around potential changes. The Council had no requests for changes. **13. Logo Development** Staff presented two options for a finalized logo to be approved. Chrystina Pope motioned to approve the rainbow logo. Griselda seconded the motion. All were in favor. 14. Child Abuse Stephanie Tanksley reported that the sub-committee for Child **Prevention Month** Abuse Prevention Month planning met twice. On December 27th, 2023, and January 31st, 2024. The Child Abuse Prevention Council will be hosting a Volunteer and Resource Fair on April 12th, 2024, from 3PM to 6PM at the Gazebo behind the Bishop Court House. The council suggested inviting the following partners: Crossroads Recovery Center Eastside Student Center Inyo County Office of Ed.

- North Star
- Shiela Turner perinatal from SUD
- Tuniwa Nobi
- Bishop Paiute Tribe Social Services
- Juvenile Healing to Wellness



Native American Liaisons Wild Iris RAVE Alpine Center Youth Sports ICOE afterschool program OVCDC after school program See the complete Sub-committee report for additional details. **15. Council Reports** Stephanie Tanksley announced that the CAPC will be hosting the April 4th Resiliency Collaborative meeting at 12PM. April 5th Wear Blue Day #PaintInyoBlue. -The Resiliency Symposium will be April 22nd and 23rd. the First day has an emphasis on community and the second day on inner agency staff support involved with youth/foster with speaker both days 8:30-4:30 at fairgrounds. The Children's Memorial Flag Raising will be held on Friday April 26th at the COB. Griselda shared the Health Coalition will be meeting on March 6th via ZOOM. Holly DeVincent shared that child welfare is currently in a Systems Improvement Process (SIP). Jeff shared he will keep us updated on the work he is doing with the county team regarding CalAim. Anonda Nelson shared the Youth Gathering of Native Americans (GONA) is on April 19th and 20th combined with the Tribal Earth Day events. The GONA is open to all youth. Keynote speakers will include cast members from the Reservation Dogs. Stephanie Tanksley shared about the Comprehensive Prevention Plan (CPP) to be able to pull down funding over the next 5 years from the State Block Grant (FFPS) that allows for the County to provide primary and secondary support for children at-risk of involvement from CWS and probation. A possible idea to use the funding was a county wide back to school back-pack program. **16.** Coordinator Report Report on programs and activities attached to agenda. See complete packet for additional details regarding Upcoming

Stephanie Tanksley adjourned the meeting at 1:11 PM

Events and Announcements.

Anyone requesting information on the Inyo County CAPC agenda, OR disability related accommodations, should contact: Micaela Muro, either by telephone 760-873-6453, in writing, First 5 Inyo County, 1360 N. Main St., Bishop, CA, 93514, or by email at mmuro@inyocounty.us.



ATTACHMENT #2

CAPC Regular Meeting, April 24, 2024

ITEM 4. Child Abuse Prevention Month Activities

Details:

Local Coffee Shop CAPC QR Code Sticker Distribution:

- Participating coffee shops:
 - -Looney Bean
 - -Great Basin Bakery
 - -Black Sheep
 - -Pupfish Café
 - -Brewed Awakening
 - -Vibras
- Gave away 3,000 stickers to put on pastry bags and beverages.
- Put on items every Friday of the month on April 5th, 12th, 19th, and 26th.

Volunteer and Resource Fair:

- Planned by the CAPC for April 12th from 3PM-6PM at the City of Bishop Gazebo.
- Brought in 31 adults and 37 youth for a total of 68 participants.
- Every participant received a reusable bag at the check-in with "100 ways to praise kids" on it for them to collect pins, pinwheels, coloring sheets, crayons, lanyards, and other great swag from tables.
- Community partners that participated included:
 - -HHS Public Health and Preventions programs (First 5, WIC, tobacco, outdoor, mentor, and Public Health)
 - -HHS Behavioral Health SUD program
 - -HHS Employment and Eligibility (Medi-Cal, CalFresh, CalWorks)
 - -Inyo County Probation
 - -Inyo County HHS Family Strengthening
 - -Owens Valley Career Development Center
 - -CASA
 - -Wild Iris
 - -Office of Education TK and Outdoor program
 - -H.E.A.R.T.S Connection
 - -Saint Vincent's Preventative Family Care
 - -Bishop Paiute Tribe RAVE program.
- Live Scans were not utilized, however, the snow cones from Sierra Snow were a big hit!



• Great program giveaways and information was made available to the public.

Wear Blue Day April 5th:

-The community was encouraged to wear blue on Friday, April 5th via social media and the Laughing Parrot Production broadcast.

-HHS staff wore their blue HHS polos at All Staff Day and took pictures for Wear Blue Day.

Pinwheel Distribution: Pinwheels were placed in offices and businesses at:

-Bishop Paiute Tribe OVCDC

-Office of Education Childcare Connections

- -Northern Inyo Hospital Rural Health Clinic and Pediatrics
- -Wild Iris
- -Hing's Donuts
- -Inyo County COB Bishop
- -Inyo County COB Lone Pine
- -Southern Inyo Hospital Clinic

Action Requested: None.



Volunteer and Resource Fair









Inyo County Child Care Planning Council













Volunteer and Resource Fair Cont.









Coffee Shop Stickers







vibrasjuicebar *(*April is Child Abuse Prevention Month









Inyo County HHS – All Staff Day April 5th













Frist 5 Child Abuse Prevention Month Activities Calendar





ATTACHMENT #3

CAPC Regular Meeting, April 24, 2024

ITEM 5. Parent Resources

Details: Council will review and discuss local parent resources.

Local resources:

- Wild Iris
 - -FREE 6-week Parenting and 8-week Co-Parenting Classes
 - -52 Week Court Ordered Parenting

-Groups for Art for Healing programs

-Youth violence Prevention curriculum for students for mental, emotional and social health, violence prevention and safety, and sexual health.

-Supervised Visitation Monitoring for neutral professional third-party safety measures during a child visitation with a non-custodial parent.

-CASA program for court appointment special advocates to be the objective voice for a child in court as a consistent adult while in foster care.

HHS Social Services
 Dublic Assistance and

-Public Assistance and Aging -Behavioral Health -Public Health and Prevention -Social and Placement Services

- HHS Public Health and Prevention
 -WIC, First 5, Dental, First 5, Outdoor/Mentor programs
- HHS First 5

-Triple P group level 4, standard, enhanced, pathways, and jail classes.

Triple P Online

-Offers \$90 classes so participants can take at their own pace

• HHS WRAP (FIRST)/HHS Behavioral Health

-Triple P one on ones
-Fearless Triple P groups beginning ~June 2024
-Standard Triple P in Lone Pine with OVCDC
-Therapy services for adults/children

• HHS Re-entry

-Moral Reconation Therapy group at the jail

• HHS Substance Abuse

- Rehab for pregnant women, judicial clients and people with trauma

-HIV and AIDS education, family counseling and counseling for individuals

-Residential treatment for substance use

-General addiction disorder treatment

-12 step rehabilitation, matrix model and rational emotive behavioral therapy

-Inpatient alcohol detoxification

-Administers medication for alcohol use disorder

-Case management, Housing services and Social skills development



-Accepts Medicare

-Outpatient rehabilitation, regular outpatient treatment and outpatient detox services -Payment assistance

Toiyabe Indian Health

- Regular outpatient treatment, outpatient methadone/buprenorphine or naltrexone treatment and outpatient treatment

-Accepts Medicaid

-Residential treatment for substance abuse

-Substance use education, counseling for couples and counseling for individuals

- -Prescribes medication for alcohol use disorder
- -Dialectical behavior therapy, anger management and motivational interviewing

-Suboxone prescription, relapse prevention from naltrexone and administers naltrexone -Housing services, Self-help groups and Transportation assistance

People with trauma

Bishop Paiute Tribe Social Services

-Low Income Home Energy Assistance (LIHEAP)

-Low Income Household Water Assistance Program (LIHWAP)

-Child Care and Development Fund

• Bishop Paiute Tribe RAVE

-Peer Crisis Counseling

- -Advocacy and Accompaniment
- -Assistance with Tribal and County Restraining Orders
- -Emergency Safe-Haven
- -Victim's Rights information
- -Victim's Compensation
- -Information
- -Safety Planning
- -Resources and Referrals

-Emergency Transportation

-Community Education

-Outreach of Services

• Bishop Paiute Tribe OVCDC

-TANF, Family Literacy, Language, Kern Indian Education Center, Early Head Start programs

• North Star Counseling Center

-provides the necessary counseling and therapy sessions to help students thrive in school and at home. Services are provided by Associate Marriage and Family Therapists and Associate Clinical Social Workers

• Alpine Center

- Treatment for non-substance use addiction disorder

-Outpatient services, intensive outpatient treatment services and regular outpatient treatment -Motivational interviewing, motivational incentives and brief intervention services

-Inpatient dual diagnosis treatment

-Accepts clients using medication assisted treatment for alcohol use disorder but prescribed elsewhere

-Co-occurring substance abuse and pain treatment, rehab for postpartum women and military families

-Family counseling, substance use education and counseling for groups



- -Personal physician/health care provider -Sliding fee scale -Mentoring/Peer support, Domestic violence services and Case management -Accepts Military insurance -24/7 help with treatment
- Kern Regional Center -Developmental disability services
- Crossroads Recovery Center

 Sober living home
 Recovery Support Group
 Elders Healing and Wellness Coalition
 Men's Support Group
 Managing emotions, building healthy relationships, coping with triggers, peer model support
- H.E.A.R.T.S Connections
 -Helps families who have children/adults with disabilities

Action Requested: None.



ATTACHMENT #4

CAPC Regular Meeting, April 24, 2024

ITEM 7 . Coordinator Report

Details: Coordinator will report on programs and activities. Items underlined include additional documents following.

- Community Events

- Bishop Paiute Tribe offers a <u>Childcare Assistance Program</u>. All participants must be income eligible and provide verification of work/school hours. The contact is Pamela at (760) 784-9696.

-Bishop Elementary is hosting a <u>Spring Carnival</u> and fundraiser for Bishop PTCO, Saturday May 4th, from 10AM-2PM at the BAC lawn.

- The 11th annual <u>Lone Pine Tribal Earth Day Celebration</u> is happening April 27th from 9AM-12:30PM at the LPPSR Tribal Gym, 1145 E-Sha Lane. Beginning with reservation roads clean up from 9-10AM, a community outreach fair from 10-12PM, and ending with a participant luncheon from 11:30-12:30PM.

- <u>Virtual Quick Guide to IEP and Special Education Process</u> on <u>May 14th at 10AM</u> and <u>June 11th at</u> <u>6:30PM</u>. The goal is to help understand your rights, recognize the value of your parenting expertise, and improve communication and problem-solving skills! (<u>Spanish Flyer</u>)

- Inyo County Health and Human Services invites the community to the <u>Memorial Flag Raising</u> in honor of children who have tragically lost their lives due to preventable violence in California and across the US. Happening Friday, April 26, 2024 at 8:30AM at the COB building, 1360 North Main Street. Call (76) 873-3305 for more information.

- <u>Stronger Starts First 5 California</u> powered by cell-ed now offers a FREE program to help parents with their children ages 0-5 years via call/text (866-971-8555) or <u>online support</u>. (<u>Spanish Flyer</u>)

-First 5 is expanding their <u>Home Visiting Program</u>. Serving pregnant women, and children under five, with monthly visits and individualized support for the family needs. Call (760) 873-4159 to sign-up or for more information. (Spanish Flyer)

-First 5 seeks referrals for their <u>Family, Friend and Neighbor (FFN) program</u>, where non-licensed caregivers receive support, activities, and books monthly. Call Micaela at (760) 872-1939 to sign-up! (<u>Spanish Flyer</u>)

-Exceptional Family Center is offering a <u>Littles Play Group</u> every other week until Thursdays, June 20th, at 163 N. Grandview Drive. This is open to the Inyo & Mono Kern Regional clients ages 0-5 years. Families of Great Steps Ahead, H.E.A.R.T.S. Connection families or clients of Exceptional Family Resource Center. Parents must be present at all times for the supervision of their child.



-Bishop Paiute <u>Tribe Social Services Department</u> needs donations for non-perishable food and nonexpired food items for their community members. Drop off anytime within business hours Monday through Friday 8AM-5Pm at 50 Tu Su Land Building 3. Phone is (760) 873-4414. Help bring back their smile with your donations!

Action Requested: None.



BPT Child Care Development Fund Program Flyer



CHILDCARE CHILDCARE CHILDCARE

Play. explore and learn

If you, or someone you know is in need of <u>Child Care</u> <u>Assistance</u>, please give our office a call. All participants must be income eligible and provide verification of work/school hours. Contact Pamela (760) 784–9696



🔇 (760) 784-9696



Bishop Elementary Spring Carnival Save the Date Flyer



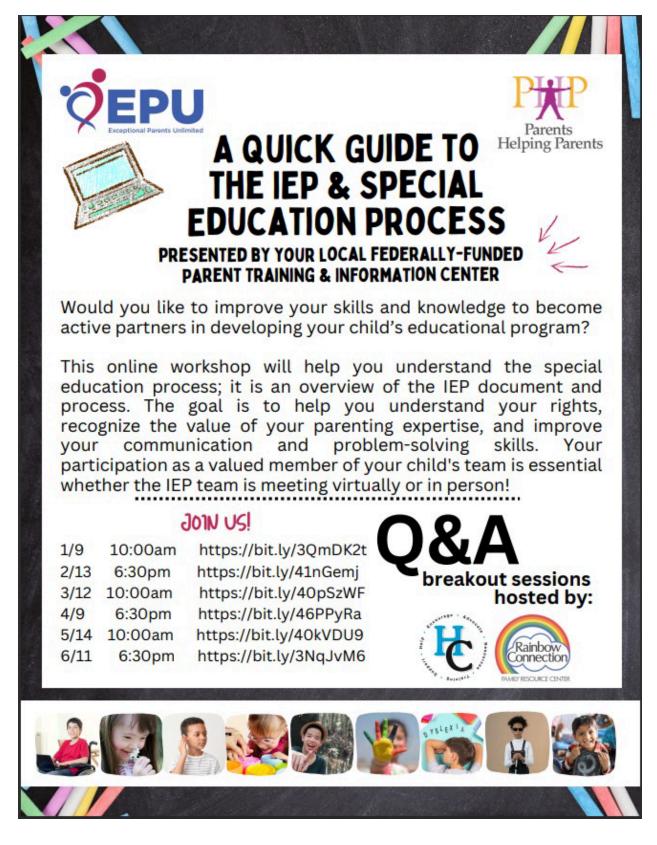


Earth Day Lone Pine Flyer



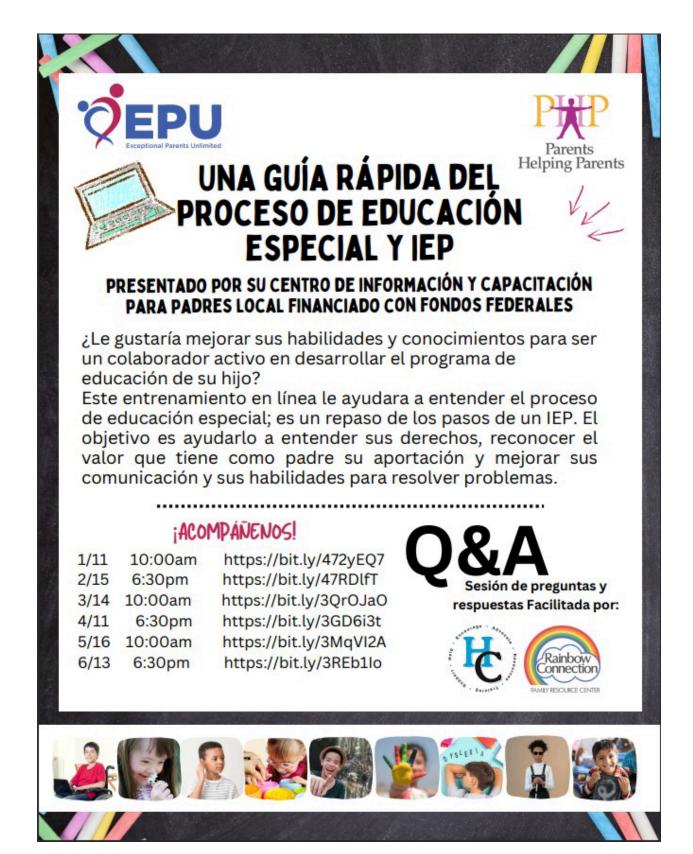


English IEP Workshop Flyer





Spanish IEP Workshop Flyer





Memorial Flag Raising



FRIDAY, APRIL 26, 2024 8:30AM



Clint G. Quilter Building 1360 N. Main St., Bishop, CA For information call (760) 873-3305



Stronger Starts First 5 (English)



- WhatsApp
- 1. Text "START" to 866-971-8555 2. Enter your PIN 9250
- 3. Follow the voice instructions

Computer

- 1. Go to www.gocelled.com
- 2. Enter PIN 9250
- 3. Select a course

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Courses Offered

Overview of Parenting Tools Learn four quick parenting tools: taking a pause, call and response, special time, the benefits of routine.

Keeping Calm in Challenging Situations (Be Calm)

Caregiving is challenging! Learn tools for you and your child to stay calm in difficult moments.

Strengthening Bonds with

Your Child (Be There) Your love and care are so important for your child's growth. Learn why, and tools to show love and affection to your children.

Building Your Community (Be There)

Learn about how people in your life can support you with parenting. Learn tools and get more support.

Text 'HELP' to 1-866-971-8555

Teaching Your Child Problem Solving Skills (Be Steady)

Your child is learning new things every day. Take home tools to support your child in building resilience to face all of life's challenges.

Managing Power Struggles (Be Steady)

As a child grows and learns, they will test the rules. Learn tools to respond consistently in those situations.



Stronger Starts First 5 (Spanish)

Stronger Starts

de First 5 California Respaldado por 🕁 cell-ed

Cursos • Instrucción • Micro-aprendizaje

Incentiva habilidades positivas de crianza de los hijos por edad y etapa. No se requiere un teléfono inteligente ni wifi.



Cuatro maneras fáciles de empezar este programa GRATUITO: ¡elija una!



- 1. Llame al 866-971-8555 2. Ingrese el PIN 9250 seguido de la tecla #
- 3. Siga las instrucciones de voz

No cuelgue el teléfono hasta que se lo indiquen

WhatsApp

- 1. Envíe un mensaje de texto con la
- palabra "START" al 866-971-8555
- 2. Ingrese su PIN 9250
- 3. Siga las instrucciones de voz

Aplicación móvil de Cell-Ed 1. Descarga la aplicación de Cell-Ec

- 2. Ingrese el PIN 9250
- 3. Seleccione un curso



Computadora

- 1. Vaya a www.gocelled.com
- 2. Ingrese el PIN 9250
- 3. Seleccione un curso

Cursos Ofrecidos

Descripción general de herramientas para crianza de los hijos

Aprenda cuatro herramientas rápidas sobre la crianza de los hijos: hacer una pausa, llamar y responder, tiempo especial y los demostrar amor y afecto a su beneficios de la rutina.

Mantener la calma en una situación desafiante (Estar calmado)

¡Ser cuidador y padre es un desafío! Aprenda herramientas para que usted y su niño mantengan la calma en momentos difíciles.

Fortaleciendo los vínculos con su niño (Estar ahí)

Su amor y cuidado son muy importantes para el crecimiento de su niño. Descubra por qué y las herramientas para

Construyendo su comunidad (Estar ahí)

Aprenda cómo las personas en su vida pueden apoyar en la crianza de sus niños. Aprenda herramientas para obtener más apoyo de su comunidad.

Enseñarle a su niño habilidades para resolver problemas (Ser consistente)

Su niño aprende cosas nuevas todos los días. Aprenda herramientas para ayudar a su niño ha aprender en los momentos divertidos y difíciles.

Manejar las luchas de poder (Ser consistente)

A medida que un niño crece y aprende, pondrán a prueba las reglas de su hogar. Aprenda herramientas para responder consistentemente a esas situaciones.

Envíe un mensaje de texto con la palabra "HELP" al 1-866-971-8555



First 5 Home Visiting Program (English)





First 5 Home Visiting Program (Spanish)





First 5 Family Friend and Neighbor Program Flyer





First 5 Family Friend and Neighbor Program Flyer (Spanish)





Littles Play Group Flyer





Bishop Paiute Tribe Donations Flyer

