

# Which Inyo Triple P Courses Are Best For Me?

Level of Training	Training Dates	Pre Accreditation Dates	Accreditation Dates
Level 4 Group	Nov. 29 – Dec. 1, 2016	Thursday, January 12	January 26-27, 2017
Level 3 Primary Care	Dec. 6 – 7, 2016	Thursday, Feb 9	Feb 23-24, 2017
Level 5 Group Lifestyles	Jan. 9 - 11, 2017	Wednesday, Feb 22	March 6-7, 2017
Level 5 Pathways	March 8 - 9, 2017	Day not required	May 11-12, 2017
Level 3 Primary Care	May 9 - 10, 2017	Friday, May 26	June 1-2, 2017
Level 4 Group Stepping Stones	Sept. 12 - 14, 2017	Friday, Nov. 3	November 16-17

If the 5-Tier Triple P model of interventions is unfamiliar to you, here are some simple descriptions to help you determine which model of Triple P you will most likely utilize in your work with families. Also feel free to call Jody Veenker at Inyo Health & Human Services for more detailed information at 760-873-6453.

Levels 1 & 2 of Triple P focus on spreading the community message that every parent needs support sometimes, and offering a simple framework for referring parents to existing Triple P supports in your area. Our 2-year trainings will focus more on Levels 3, 4, & 5 which equip professionals in their everyday work with families to share Triple P resources and teach Triple P skills.

## **LEVEL 3—Primary Care**

Recommended for practitioners who have brief consultations with families about mild emotional/behavioral difficulties including teachers, home visitors, family resource coordinators, nurses, family physicians, pediatricians, and other allied education and health providers.

## **LEVEL 4—Group Parenting 0-12**

Recommended for practitioners who provide regular, long term group interventions to parents including family educators, school psychologists, behavioral health professionals, and social workers.

## **LEVEL 4— Group Stepping Stones (Parenting Children with Disabilities)**

Recommended for practitioners who provide regular, long term group interventions including family educators, disability specialists, school counselors, nurses, behavioral health professionals, and social workers.

## **LEVEL 5—Pathways (Parent Anger & Stress Management)**

Recommended for social workers, psychologists, family counselors, school guidance counselors, behavior management teachers, and other allied health professionals. **THIS COURSE REQUIRES TRIPLE P GROUP TRAINING AS A PRE-REQUISITE.**

## **LEVEL 5—Lifestyles (Family Nutrition & Activity Supports)**

Recommended for practitioners who provide regular, long term group interventions including family educators, nurses, dieticians, counselors, and other allied health professionals.