

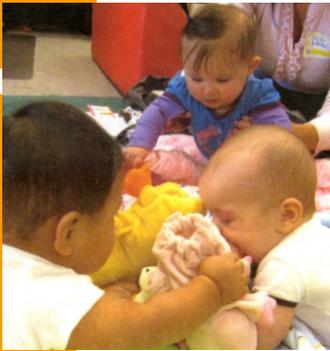
FIRST 5 INYO

CONNECTING NEURONS, FAMILIES, & COMMUNITIES COUNTYWIDE





Developmental Play Supports



Services for Expectant Parents



Free Literacy Aid & Events

What is First 5 Inyo County?

In 1998 California voters passed Proposition 10 to establish the Children and Families Commission for early development, and to add a 50 cent tax on tobacco products to fund it. Of these taxes, 20% fund statewide initiatives through First 5 CA, & 80% are distributed to counties to be spent locally by a volunteer commission appointed by the county's board of supervisors to promote early development for children from prenatal stages to age 5.

Funding early childhood programs & services is important because the majority of a child's brain development takes place by age 5, shaping both a child's capabilities & their future. By helping children develop to achieve their greatest potential in school & life, communities can save countless dollars in welfare & criminal spending, as well as contribute to the daily health, happiness, & success of their greatest natural resource.

First 5 Inyo's Commission includes representatives from the Inyo County Board of Supervisors, Health & Human Services, parents of children ages 0 to 5, and early childhood education and health service organizations.

Our Mission:

The Mission of First 5 Inyo County is to fund outcomes that promote optimal early development, shaping the trajectory of a child's life to yield ongoing benefits and rewards. We do this by investing in the 5 Protective Factors in each Inyo community to improve child health, child development, family strengths, and critical resources for children from before birth through Kindergarten entry at age 5.

Services & Programs for FY 2015-16

CHILD HEALTH

New Parent, Birth, & Breastfeeding Supports at NIH
Inyo Ages & Stages Developmental Screening Network
Early Oral Health Kits & Free Screening Opportunities
Safety & Wellness Education: Car Seats, Immunizations, & More

CHILD DEVELOPMENT

Free Books through Raising a Reader, Reach Out and Read, & More
Monthly Read & Romp Story and Game Nights
Monthly Building Blocks Developmental Play Nights
Support for Child Care Provider Quality Improvement programs

FAMILY FUNCTIONING

Triple P Parenting Classes
Baby & Pre-K University Development Seminars
Building Blocks Parent Coaching Nights
Free Family Resource Guides & Diaper Donation Program

IMPROVED SYSTEMS

Collaborative Impact Planning & Funding
Community Partnerships for Resource Leveraging
Shared Data & Evaluation Systems Development



Annual 24/7 Dad Challenge



Family Outreach Events



Screening & Referral Support



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“Everything from safety to developmental information in a box! The Daddy DVD is awesome.” - *Kelly Jenson*



New Parent Supports First 5 Inyo Supported in 2014-15

- **Northern Inyo Hospital N.E.S.T. Birth & Breastfeeding Supports**

158 families benefited, and NIH won the CA Golden Nugget award last year for exclusive breastfeeding increases by working with community partners and ensuring access to certified lactation assistance on site.

- **New Parent Kit Distribution**

With access to official First 5 CA kits again, distribution improved to 206 in 2014-15 from closer to 100.

- **Baby University Parenting Classes** (S.T.E.P. evidence-based curriculum)

81 parents completed Systematic Training for Effective Parenting courses, and 79% said they learned new skills to help them improve 3 or more of their routines at home with their child!



“The puppet (in the oral health kit) really got my son excited about brushing his teeth” - *Rachel Wilson*



Oral Health Supports

. Oral Health Kits

With the inclusion of oral health supplies for cleaning gums and first teeth distributed to new and expectant parents last year, First 5 Inyo gave out more than 1,000 oral health kits to families with children ages 0-5. Each kit included vital information about Medi-Cal resources, available dental homes, and contact information for Inyo HHS Public Health's children's dental health coordinator. We also sponsored free screenings for 34 children 0-5 in Southern Inyo, a community without a single dental provider.

. Medi-Cal Dental Homes

Unlike 2013-14 we were unable to partner with a local health clinics to provide urgent pediatric dental care based on contractor will. Only 33% of Inyo Families with children ages 1 to 5 reported getting an annual dental screen for their child. This rate is a marked loss compared to 2013-14's average of 70% of Inyo children ages 1 to 5 (60% low income/80% high income) getting an annual dental screen. Hopefully this will change as families start use their Medi-Cal supported dental homes and as options like teledentistry help with preventive care access.



"When you eat healthy, you do feel better." - Auburn Andreas



“When you really need something, WIC is always there and ready to help fast.” - *Kirsten Franson*



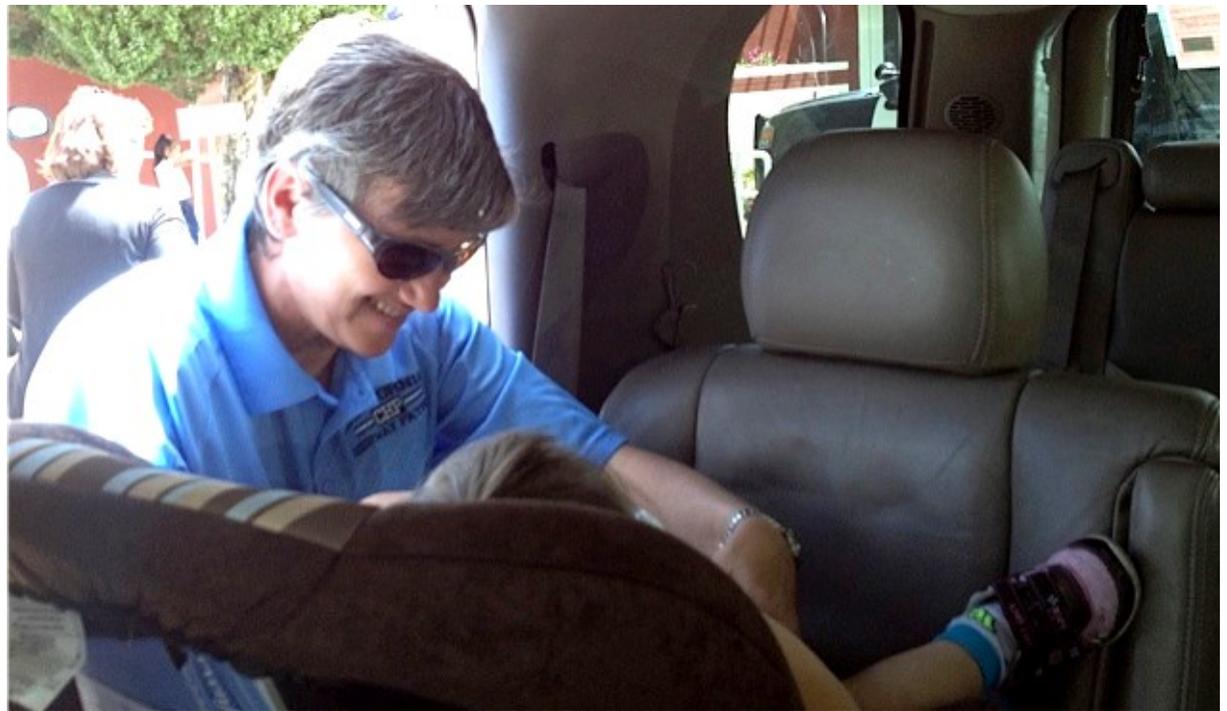
"I like coming to the health department because the staff is always helpful and they have bilingual staff" - *Alma Luque*



Child Health & Wellness Supports

. Partnerships with WIC, SNAP Ed, & Team Inyo for Healthy Kids

We engaged in many group agency community outreaches across Inyo, teaming with partners like those mentioned above to promote hydration stations and drinking water rather sugary drinks, nutritious shopping and cooking on a budget, and benefit walks. 1394 families were contacted through partnership campaigns to promote family health and wellness across Inyo in 2014-15.



“It was great to have help keeping my son safe when his car seat buckle broke.” - *Yvonne Fimbres*



“Kids day at the Fair is the perfect environment to encourage everyone to go smoke free!” -Alyssa Richards



Marijuana & Breastfeeding—What's the Big Deal?

<p>Marijuana Goes through the Body and into Breastmilk</p>  <p>If you use and breastfeed, you will expose your baby to marijuana.</p> <p>According to doctors, the risks of marijuana use to your baby during breastfeeding outweigh the benefits of breastfeeding. One study found that during a baby's first month of life marijuana exposure through mother's milk was associated with decreased motor development at age 1 year.</p> <p>Marijuana Stays in the Body for 30 Days!</p> <p>The active component in marijuana, THC, is stored in fat tissues for a long time and is concentrated in breast milk due to the fat content.</p>	<p>Marijuana Smoke Can Harm Your Child</p>  <p>Babies and children who are around marijuana smoke can have health problems like cough, asthma, ear infections, colitis, bronchitis, and pneumonia.</p> <p>Smoking marijuana produces as much as 5 times the amount of carbon monoxide as does cigarette smoking!</p>	<p>Your Health Matters!</p> <p>Marijuana use can have a negative effect on you and those around you. Marijuana use weakens your immune system, making it easier for you to get sick.</p> <p>Marijuana use makes it harder for you to understand and respond to your baby's cues, and to provide a healthy, safe environment.</p>  <p>San Diego County Health & Human Services</p> <p>Please contact us with questions or for a referral for help quitting marijuana:</p> <p>San Diego Prevention and Health Phone: 619-512-0880 Email: smg@hhscounties.org</p> 
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Car Seat Safety & Smoking Reduction for Parents of 0-5

. Safety Education

First 5 Staff alone screened 55 families with children 0-5 for referrals to new car seat installation from highway patrol techs. We also helped plan and complete 3 child passenger safety check events in Inyo during 2014-15. Alos more than 220 vehicle safety child reminder thermometers were distributed to parents with car seats.

. Smoke Free Community

We mounted campaigns about the effects of second hand smoke on infants and children, and worked with partner county agencies to promote smoke free expectations community wide.



“Triple P really worked. Its nice to enjoy time together without having to discipline over and over again.” - *Cassie Summerfelt*



Targeted Parent Education Supports in 2014-15

. Inmate Parenting Classes at County Jail

Our parenting classes for incarcerated parents at our county jail served more than 60 inmates, 48 of whom were able to complete courses during their incarceration term. 23 of 48 who completed the courses rated as clinically negligent on the Parenting Scale & 10 of 48 rated clinically hostile and over-reactive at entry. Over 75% of inmates we worked with were raised in a home with a parent who was addicted to drugs or alcohol, & 55% had an incarcerated family member while they were growing up. 80% showed a greater understanding of appropriate early development behavior for children ages 0 to 5 after their course work was completed. 89% said they learned about toxic stress, self-regulation, and therapid brain development that takes place in early childhood for the first time. 14 dads in community participated in targeted fatherhood services, too.



"My boys love to color at home, and they also loved doing art projects at the Read & Romp" - *Brandie Rico*



Family Literacy Supports in 2014-15

. Reach Out & Read, Read & Romp, and other literacy resources

86% of families who participated in monthly Read & Romp story & game nights in Northern or Southern Inyo reported that their children's interest in reading at home increased a great deal. 65% of families reported increased play opportunities and improved social connections as well. 57% of parents said the fine motor crafts and gross motor games increased their child's exposure to art and following instructions. 68% of families reported playing similar games or re-creating favorite craft projects from Read & Romp at home. 48% of parents said it increased their understanding of ways to engage in developmental play at home with their child. Countywide, more than 2,000 new books were distributed to children 0-5 through Reach Out and Read, & 3,000 used children's books were collected for free re-distribution to families in our Reading Railroad program.



"First 5 teaches ways that talking, reading, and playing with my daughter encourages her development." - *Anna Butterbredt*



Child Development Supports in 2014-15

. Preschool & IMPACT Prep for Quality Investments

First 5 Inyo partnered with the Inyo County Superintendent of School's office to participate in a tri-county consortium for CDE QRIS and to develop a detailed matrix with similar quality alignments to apply for First 5 CA's IMPACT QRIS efforts so that Inyo's private child care centers and family child care providers will be part of our concerted QRIS efforts. ICSOS has the staff trained in the required evaluation tools, and First 5 Inyo has other funding to target online ASQ-3 and SE screening, making it more affordable and easy for participants to help integrate these into their annual evaluation practices. We also planned for ways that the family childcare provider Laugh & Learn program which served more than 54 children at 14 sites in 2014-15 could be offered in the future as an incentive for improving to a higher level of IMPACT quality practices as we continued to supplement CARES Plus funding, too.

Discovery Point Preschool and Early Learning Center, which serves typical and special needs children side by side, improved their scores by almost 40% in all 5 domains of the Preschool Outdoor Environment Measurement Scale (POEMS) after renovating their outdoor play area to make it more interactive learning site. They included areas designed to promote STEM, dramatic play, counting and sorting loose parts, gross motor climbing and balancing, and a wide variety of sensory stimulation integration. Teacher and child learning interactions increased by 38%, which will change outcomes for students dramatically.

2014-15 Funding Breakdown

Improved Family Functioning	\$73,165
Child Development	\$67,532
Child Health	\$50,304
Improved Systems	\$16,956
Administration Costs	\$70,551
Evaluation Costs	\$44,946

We spent a total of \$323,454 in 2014-15

2016 COMMISSIONERS:

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