



A division of Inyo County Health & Human Services

1360 N. Main St. Suite 203, Bishop, CA 93514 ♦ (760)873-6453 ♦ [first5@inyocounty.us](mailto:first5@inyocounty.us)  
<http://inyocounty.us/first5/>

**Vision: All children in Inyo County will thrive.**

**Mission: First 5 Inyo builds the early childhood systems and supports needed to ensure Inyo County's young children are healthy, safe and ready to succeed.**

**First 5 Inyo County proudly offers the following programs:**

**Ages and Stages Questionnaires..... (760)873-6453**

The sooner a delay or disability is caught; the sooner children can be connected with supports and services that make a real difference. The Ages & Stages Questionnaires are parent-completed developmental and social-emotional screenings to identify delays as early as possible. First 5 Inyo assists in coordinating screenings, connecting families with referral resources, and providing education around child development. Screenings can be picked up at 1360 N. Main St. Suite 203 or taken on your phone, tablet, or home computer at <https://www.asqonline.com/family/e49e58>

**Diaper Depot..... (760)873-4159**

Inyo County Diaper Depot offers diapers and wipes to low income families residing in Inyo County. Caretakers may pick up a bundle of diapers and wipes once a month, per child. Diaper pick-ups are available at the Inyo County COB at 1360 N. Main St. Bishop, CA 93514. Lone Pine Office at 310 N. Jackson St. Lone Pine, CA 93545. Independence Fiscal Office at 155 E. Market St. Independence CA 93526.

**Home Visiting..... (760)873-4159**

The Inyo County Home Visiting program is available to English and Spanish speaking caretakers/children prenatally to 5 years old. Home Visits are personalized visits that include parent-child interactions, development-centered parent information and connections to resources surrounding family well-being. Referrals are encouraged from partnering providers.

**Imagination Library..... (760)872-2301**

Register your child and receive a free high quality book each month from Dolly Paton's Imagination Library. This program is at no cost to the child's family, and is available to all Inyo County children from birth until age 5. Countless parents have shared how excited their child is when their new book arrives each month. Take time to enjoy reading books with your child! Follow the link to enroll online <https://imaginationlibrary.com/usa/affiliate/CAINYO>

**IMPACT..... (760)873-6738**

*Improve and Maximize Programs so All Children Thrive* is a program for early childhood education providers that care for children in family child care home, family friend and neighbor, and alternative care settings. First 5 Inyo partners with Inyo County Office of education to provide coaching and advising to providers to achieve high-quality learning environments.

**New Parent Kits..... (760)873-4159**

Inyo County First5 provides free kits for new parents to Northern Inyo Hospital Labor and Delivery to send home with families at discharge. New Parent Kits contain many added items such as thermometer, infant tooth brush, toothpaste, teething toy, bib, and many other handouts and resources for new parents. If you did not receive one, call to pick one up.

**Reach Out and Read..... (760)872-1939**

The Reach Out and Read program gives young children the foundation for success by incorporating books into pediatric care, and encouraging families to read aloud together. First 5 Inyo partners with local clinics to provide a book at every well-child check. Ask your provider at your next visit about Reach Out and Read!

**Triple P Parenting (English)..... (760)872-2301**

**Triple P Parenting (Spanish)..... (760)872-1939**

First 5 offers Triple P Positive Parenting Program classes and seminars to help parents learn simple tools to improve their relationship with their child, manage challenging behavior, and learn about child development. The strategies help to raise a healthy, well-adjusted child. A range of classes are offered throughout the year. Call First 5 to find the class that best fits your needs.

**First 5 Commission**

*The Inyo County Children and Families Commission was created in 1999 by the Inyo County Board of Supervisors to carry out the work of Proposition 10 in the county. Its intent was to facilitate the creation, and implementation of an integrated, comprehensive, and collaborative system of information and services to enhance optimal early child development, and to ensure that children are ready to enter school and reach their full potential. The First 5 Inyo Commission generally meets on the fourth Thursday four times a year in August, October, January and April.*



# AGES & STAGES QUESTIONNAIRE

DEVELOPMENTAL AND SOCIAL-  
EMOTIONAL SCREENINGS

## WHAT IS A DEVELOPMENTAL SCREENING?

Developmental screening provides a quick check of your child's motor, cognitive, language, and social-emotional skills. It helps determine if your child is meeting the appropriate milestones for their age.

Your answers will show your child's strengths, and will also be helpful in determining whether your child needs further support or assessment.

Complete an ASQ  
online



CALL FIRST 5 FOR MORE  
INFO, OR TO SCHEDULE  
AN APPOINTMENT  
760-873-6453

# Diaper Depot

Wipes and Diapers in all sizes are available at no cost to low-income families.

Call to arrange a pick-up at one of our 3 locations.

## BISHOP

1360 N. MAIN ST BISHOP, CA 93514  
CALL: 760-872-1885

## INDEPENDENCE

155 E. MARKET ST. INDEPENDENCE, CA 93526  
CALL: 760-878-0242

## LONEPINE

310 N. JACKSON ST. LONEPINE, CA 93545  
CALL: 760-876-5545



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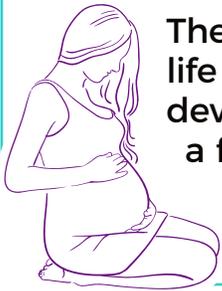


[www.inyocounty.us/first5](http://www.inyocounty.us/first5)

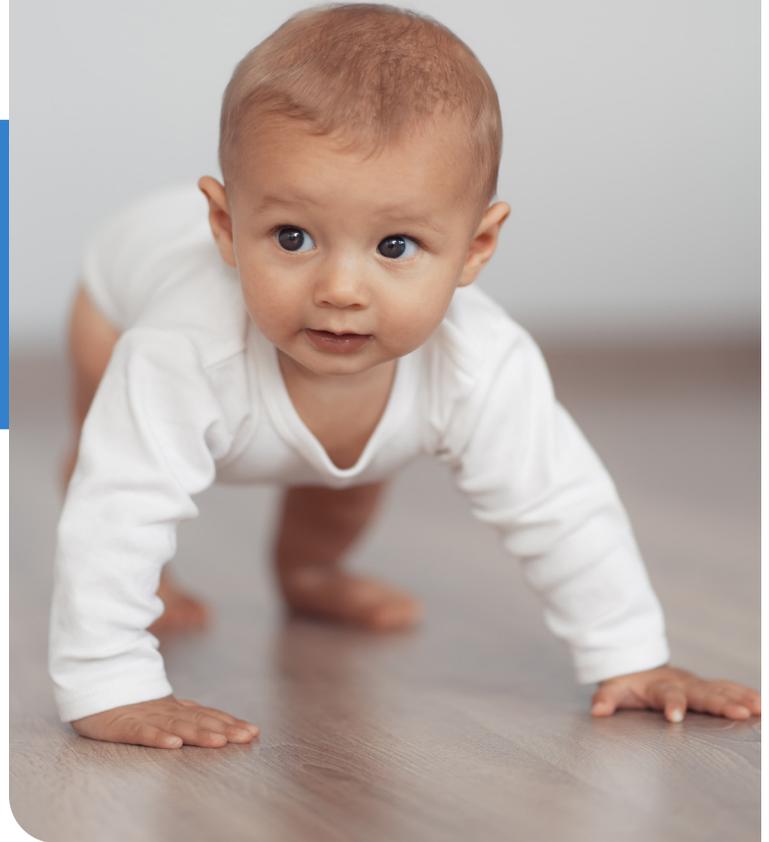
Call to join this  
FREE program

## HOME VISITING FOR INYO COUNTY PARENTS AND PARENTS-TO-BE

Helping caregivers raise  
healthy & happy children



The early years of child's life are critical for optimal development and provide a foundation for future success in life and education



Be your child's most  
influential teacher!



### About Our Home Visitors

Home Visitors are trained using Parents as Teachers Foundational Curriculum and will design family-specific visits to support the needs and goals of each family. Each visit will build upon the previous, allowing children to utilize their most influential teacher, their parents, as they learn and grow through the first 3 years of life.



### What does the Home Visiting Program Offer?

- Personalized Family-Specific Visits
- FREE book at each visit!
- Parent-Child Interactive Activities
- Breastfeeding Support
- Child Development Screening
- Maternal Mental Health Screening
- Community Resources and Networking



To Connect with a Home Visitor, please contact

Katelyne Lent, 760-878-8077  
Griselda Ortiz, 760-937-2839

*This publication was made possible by State of California General Funds. Contents are solely the responsibility of the authors and do not necessarily represent the official views the California Department of Public Health or State of California.*

# GET FREE BOOKS FOR YOUR CHILD!

## DOLLY PARTON'S IMAGINATION LIBRARY



### How does it work?

Scan the QR  
code to  
register now!



- AVAILABLE FOR ALL INYO COUNTY CHILDREN FROM 0 - 4.
- REGISTER YOUR CHILD ONLINE AT [IMAGINATIONLIBRARY.COM](http://IMAGINATIONLIBRARY.COM).
- BOOKS ARE SENT TO THE CHILD'S MAILING ADDRESS EACH MONTH.
- ENJOY READING!



QUESTIONS? WANT TO REGISTER  
BY PHONE? CALL REBECCA AT

760-873-6453



# Inyo County Quality Counts California

## 2022-2023

Contact: Gris Ortiz  
760-937-2839, gortiz@inyocounty.us



## Deadlines

Sept 9- To attend an orientation (For new participants only)  
Sept 23- To contact your coach to show interest in participating in the 22-23 year  
Sept 30- To set goals and sign your Quality Improvement Plan (QIP) (First come first serve)

## Stipends

- Stipend amounts will be discussed at first QIP meeting with coach.
- Dependent on goals set.
- Range from \$50-\$600

## What is QCC?

Quality Counts California is a grant program that has been developed to ensure that children in California have access to high quality programs so that they thrive in their early learning settings and succeed in kindergarten and beyond. It's goal is to improve the quality of early learning with a focus in three areas of program quality: child development and readiness for school; teachers and teaching; and program and environment quality.

## Why Participate?

Increase the overall quality of your program and receive FREE trainings!



**STAY  
POSITIVE**

# TRIPLE P POSITIVE PARENTING CLASSES

Parenting is hard and sometimes we all need a little help! Join a class to learn simple tools to help you improve your relationship with your child and to manage those challenging behaviors.



*for every parent*

Scan to connect and discover more!



Classes range from one-on-one classes to group classes. Whether you want lots of ideas, or to focus on a specific issue, there is a class for you. Call First 5 or visit us online to find the class that best fits your parenting needs.

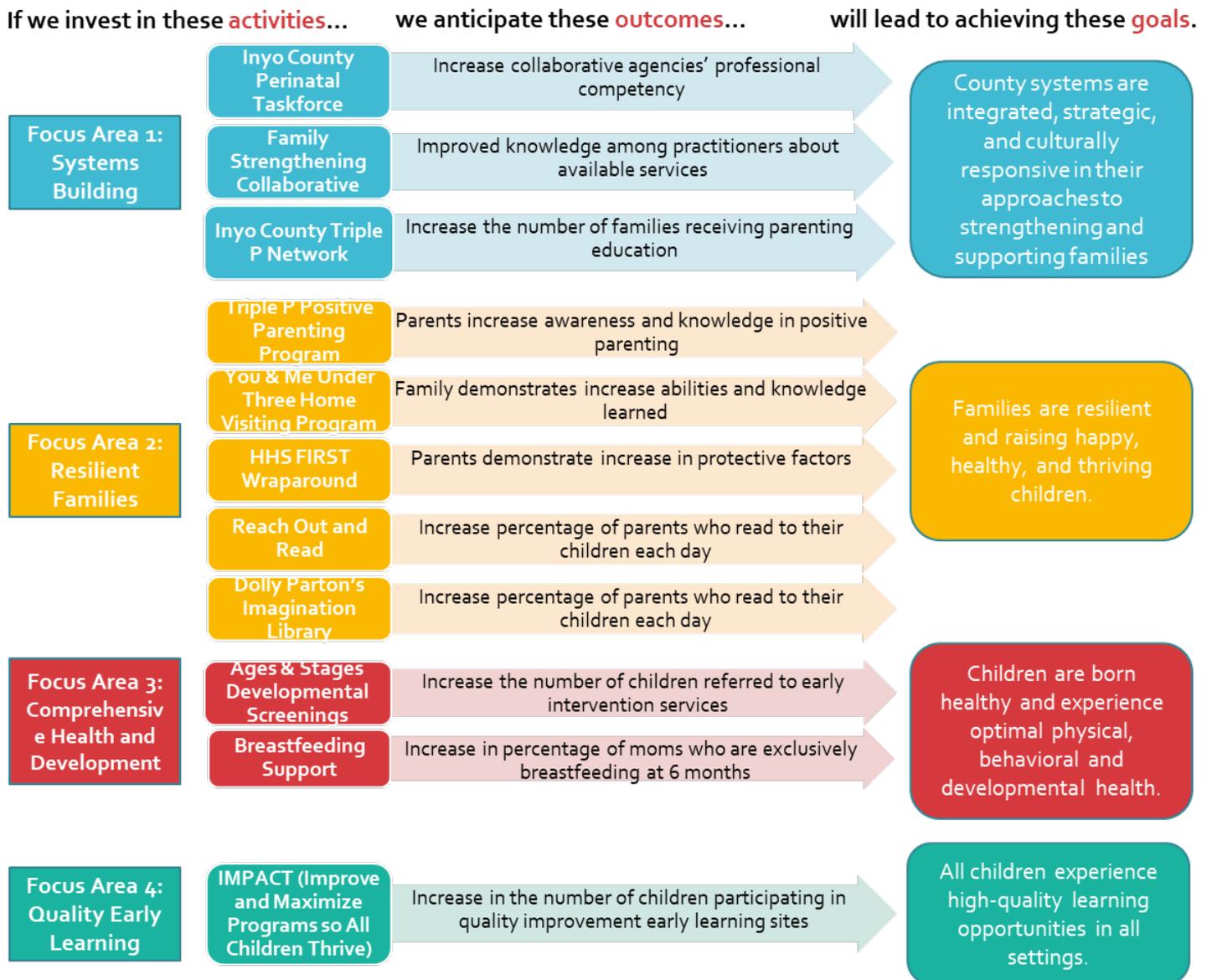
Classes are offered throughout the year in both English and Spanish. We will work with your schedule!

 **First 5 Inyo County**  
1360 N Main St, Suite 203-D  
Bishop, CA 93514  
Phone: 760-873-6453  
Email: [first5@inyocounty.us](mailto:first5@inyocounty.us)



# First 5 Inyo County Theory of Change

The First 5 Inyo County Theory of Change explains the process of change by outlining causal linkages between activities, outcomes, and goals to achieve the vision that all Inyo County children will thrive.





## INYO COUNTY HEALTH AND HUMAN SERVICES- Strengthening Resilience & Well-Being in our Community

**Aging and Social Services** delivers services that help ensure the protection of children, the elderly, and dependent adults; provides a safety net for individuals and families who need assistance with basic necessities, such as food, housing and health care; and helps people secure employment through education, training, job search skills, and job placement.

Aging Services FAX: 760-873-5103: Assisted Transportation, Family Caregiver Respite, Friendly Visitor, Home Delivered Meals, Home Maker/Personal Care Services, Telephone Reassurance, In-Home Supportive Services (IHSS)

Long-Term Care Ombudsman FAX: 760-873-4250

Social Services FAX: 760-872-4950: Cal Fresh, CalWORKS, CMSP, Employment Services, Homeless Assistance, General assistance, Medi-Cal

Child Protective Services (CPS) FAX: 760-872-1749, Phone: 760-872-1727:

Civil Rights Coordinator FAX: 760-873-6505 Confidential Phone/Answering Machine: 760-872-3273

Medi-Cal Fraud Waste and Abuse Reporting: 760-872-3273

**Behavioral Health** provides psychiatry, individual and group therapy, case management, and substance abuse services. This is dedicated to providing high quality and culturally responsive services to strengthen well-being and resilience through hope, healing, and support for individuals and families within our community. Provides education and treatment services for drug and alcohol abuse, focused on improving the client's ability to live independently and productively within the community.

Grove Street Clinic FAX: 760-873-3277 \*attach proper ROI if needed\*: Psychiatry, Therapy, Substance Use Disorder Treatment (SUD), Wellness Centers, Family Intensive Response Strengthening Team (FIRST)

**Public Health and Prevention** works to promote and encourage healthy behaviors, prevent epidemics and the spread of disease, improve early child development, prevent injuries, respond to disasters that impact the medical and health delivery system and assist communities in recovery, and assure the quality and accessibility of health services throughout the county. \*Attach ROI if needed\*

Public Health Clinic FAX: 760-873-7800: Immunizations, Flu Shots, STD Testing & Treatment, TB Tests, Pregnancy Tests, CMR

Prevention FAX: 760-872-1623: Tobacco Education; Mentoring Program,; WIC, First 5, Dental Prevention

### **NORTHERN INYO HEALTHCARE DISTRICT (NIHD)- Improving our communities, one life at a time. One Team. One Goal, Your Health.**

Physical Health, Rural Health Clinic (RHC), Substance Use Treatment, Women's Clinic, Pediatric Clinic, transportation assistance, etc.

NIH Care Coordination FAX: 760-872--5845

Rural Health Clinic FAX: 760-873-2836

Women's Health FAX: 760-873-2750

Pediatrics FAX: 760-873-3266

### **SOUTHERN INYO HEALTHCARE DISTRICT (SIHD)-dedicated to maintaining and improving health of residents and visitors of the District through a coordinated health program, including acute inpatient and outpatient services, skilled nursing, education, referral services.**

Clinic: (760) 876-4046

Emergency Room: (760) 876-9285

### **Toiyabe Indian Health Project- Delivering consistent, quality, equitable, and culturally appropriate care and services to our communities**

Medical FAX: 760-873-3908

Family Services FAX: 760-873-3254

Lone Pine Clinic FAX: 760-876-5624