



**PROCLAMATION
OF THE BOARD OF SUPERVISORS, COUNTY OF INYO,
STATE OF CALIFORNIA DECLARING SEPTEMBER 2021
AS SUICIDE PREVENTION AND RECOVERY WEEK**



WHEREAS, the week of September 5-11, 2021 is National Suicide Prevention Week, and September 2021 is National Recovery Month, when millions of people around the world join their voices to share a message of hope and healing; and

WHEREAS, these observances are united in raising awareness that prevention is possible; treatment is effective; and people do recover; and

WHEREAS, in these challenging times, messages of hope and healing are more needed than ever; and

WHEREAS, Inyo County residents should be able to access high quality prevention, support, rehabilitation, and treatment services that lead to recovery and a healthy lifestyle; and

WHEREAS, every day in Inyo County people enter treatment into behavioral health services and community supports and begin the road to wellness and recovery; and

WHEREAS, resiliency begins early in life within families, day cares, and schools, and can be strengthened and reinforced throughout the life span; and

WHEREAS, recovery and wellness encompass the whole individual, including mind, body, spirit, and community; and

WHEREAS, Striving for Zero, California's Strategic Plan for Suicide Prevention, urges all Californians to play a role in suicide prevention and promoting health and wellness; and

WHEREAS, the benefits of preventing and overcoming mental health challenges, suicide attempts and loss, and substance abuse are significant and valuable to individuals, families, and our community at large; and

WHEREAS, it is essential that we educate residents about suicide, mental health and substance abuse problems and the ways they affect all people in the community; and

WHEREAS, we must encourage relatives, friends, co-workers, and providers to recognize the signs of a problem, and guide those in need to appropriate services and supports; and

WHEREAS, Suicide Prevention Week and Recovery Month inspire millions of Americans to raise awareness, build resiliency, and find hope.

NOW, THEREFORE, BE IT PROCLAIMED that the month of September 2021 be Suicide Prevention and Recovery Month: "Finding Hope, Building Resiliency, Supporting Recovery," in Inyo County.

APPROVED AND ADOPTED this 7th day of September 2021, by the Inyo County Board of Supervisors.

Jeff Griffiths,
Chairperson, County of Inyo Board of Supervisors

Attest: **LESLIE CHAPMAN**
Clerk of the Board

By:
Assistant Clerk of the Board